

Adult & Community Education



2025 Spring Course Schedule



*Cover Designed by Clayton Nelson - NTS Business Student



1515 South Munn Maryville, MO 64468
<https://nts.maryville.k12.mo.us/o/nts>
(660) 562-3022

Table of Contents

| | |
|-------------------------------|--------|
| Important Information | 2 |
| Personal Enrichment-Fun | 3, 4 |
| Health & Well-Being..... | 5 |
| Art & Crafts | 5, 6 |
| Cooking | 6 |
| Youth | 7 |
| Dance & Music | 7 |
| Schedule at a Glance | 8, 9 |
| Health Care..... | 10 |
| Business & Computers | 11, 12 |
| Technical | 13 |

To see course dates, times and instructors at a glance see Pg. 8 & 9

IMPORTANT INFORMATION

All Course Information in this Catalog is Subject to Change

SCHEDULE CHANGE: Formation of classes depends on sufficient enrollment. Community Education reserves the right to revise class schedules if needed. The information in this publication is based on conditions at printing and is subject to change.

CEUs: The Continuing Education Unit is credit offered for vocationally related courses. One credit is given for every 10 hours of instruction. Courses earning CEU credits are computer, child care, health care and technical classes.

BOOKS AND SUPPLIES: Costs are included in the registration fees unless otherwise specified. Books are available in the Community Education Office at the first class.

FACILITIES: Classes are held at Northwest Technical School unless specified otherwise in the course description.

ENROLLMENT: Anyone may enroll in classes. Classes arranged for younger people will indicate an acceptable age range in the course description.

CANCELLATION DUE TO WEATHER: Whenever classes in the public schools are cancelled due to weather, Community Education classes are also cancelled. All cancellations will be announced on local media. Or dial 660-562-3022 for questions.

REFUNDS: A full refund or credit will be made if (1) Community Education cancels a class, (2) a class is full at the time your registration is received, or (3) a refund is requested 24 hours before the first class is held. NO refunds will be given after a class meets. Refunds may require four to six weeks to process.

DISCLAIMER: Every effort has been made to make this publication accurate as of the publication date; however, all policies, procedures, tuition/fees and curriculum are subject to change any time by appropriate action of instructors, the administration, and the Maryville Board of Education. This publication is not intended to be a contract, explicit or implied, and the school reserves the right to make changes regarding the information contained therein.

Equal Opportunity Employer complying with Title IX Section 504.



300+ ONLINE COURSES

Northwest Technical School

LEARN ANYWHERE, ANY TIME!

Online courses are informative, fun, convenient, and highly interactive. Courses are project-oriented and include lessons, quizzes, hands-on assignments, discussion areas, six-week format, supplementary links, and more.

POPULAR COURSES INCLUDE:

A to Z Grant Writing
Accounting Fundamentals
Advanced Fiction Writing
Become a Physical Therapy Aide
Creating Web Pages
Discover Digital Photography
Discover Sign Language
Explore a Career in Cybersecurity
Explore a Career in Medical Coding
Grammar Refresher
Human Anatomy and Physiology
Intermediate Microsoft Excel 2019
Introduction to CSS and HTML5
Introduction to Interior Design
Introduction to Microsoft Excel 2019
Introduction to Microsoft Word 2019
Introduction to Photoshop CC
Introduction to QuickBooks Online
Introduction to SQL
Medical Terminology:
A Word Association Approach
Spanish in the Classroom
Speed Spanish

COURSE CATEGORIES:

- Arts and Design
- Business
- Computer Applications
- Computer Science
- Health and Fitness
- Information Technology
- Language
- Legal
- Math and Science
- Teacher Professional Development
- Test Prep
- Writing

View all courses, and course bundles, series and suites on our website.

To learn more and enroll, visit:

ed2go.com/nts

PERSONAL ENRICHMENT - FUN

Sign Language – 25SPESL

This class is designed for students who know some basic sign language. We will build on the basics to expand the student's knowledge of sign language. The students will be working on projects and games to learn the new language. New language learners are welcome too!

Instructor: Marcy Gilmore

Starts: Tuesday, February 4 (meets Tuesdays & Thursdays, Feb. 4, 6, 11, 13, 18, 20, 25 & 27)

Length: 8 sessions, 6:30-8:00 pm

Fee: \$75

Introduction to Applied Behavior Analysis (ABA) – 25SPEIABA

Applied Behavior Analysis (ABA) is a well-developed, research-based, scientific discipline among the helping professions that focuses on the analysis, design, implementation, and evaluation of social and other environmental modifications to produce meaningful changes in human behavior. ABA is not only an evidence-based practice for people diagnosed with Autism, it is also proven to be effective for other diagnoses such as ADHD and Depression. ABA may also be beneficial for neuro-typical, or “typically-developing”, individuals as well. Behavior is all around us—which means ABA can be applied to almost anything or anyone who demonstrates observable and measurable behavior. ABA is used in animal training, classroom management, substance abuse disorders, individuals with autism or developmental disabilities, and can be used with any person for self-management.

Instructor: Tenna Hazen, BCBA

Starts: Tuesday, April 1 (meets April 1, 8, & 15)

Length: 3 sessions, 5:30-6:30 pm

Fee: \$30

Introduction to Applied Behavior Analysis-with A Focus on Education---25SPABAFE

Introduction to a scientific approach that can help caregivers and educators address challenging behaviors and learn strategies that can be used in the home, in school settings, and anywhere behaviors exist. ABA can be used to teach new skills and improve lives through behavior change.

Instructor: Tenna Hazen, BCBA

Starts: Tuesday, April 22 (meets April 22, 29 and May 6)

Length: 3 sessions, 5:30-6:30 pm

Fee: \$30

Social Security – A Closer Look at Your Benefits – 25SPEYFFP

Discover how to use the latest information to assess your potential Social Security benefits and the role those benefits will play during retirement. We'll be addressing these com-

mon questions and more.

- What steps can I take to maximize my Social Security benefits?
- How will Social Security benefits affect my taxes?
- How will continuing to work impact my Social Security Benefits?
- How can I pass benefits on to my spouse or other family members?

You've Made Contributions to the Program Your Entire Career...Make Sure You Maximize the Benefits You'll Receive.

Instructor: Curtis J. Behrend, CFP, Financial Consultant

Starts: Tuesday, February 11

Length: 1 session, 6:30-8:00 pm

Fee: free

Five Components of a Confident Retirement – 25SPECR

Begin your journey of transitioning from your working years to your retirement years by gaining an understanding of the major challenges people face in retirement. Learn strategies which can be implemented to mitigate risk and minimize taxes which can strengthen your overall retirement outlook.

Instructor: Curtis J. Behrend, CFP, Financial Consultant

Starts: Tuesday, April 8

Length: 1 session, 6:30-8:00 pm

Fee: free

Your Family Heritage & Genealogy – 25SPEFH

Understanding the basics to getting started, organizing, and storage of research. Learn how to use birth, death, and marriage records to find clues to other family members. Databases and search techniques to try and help break through those brick walls your stuck at. Understand Census Records and the collateral information that can lead you on the trail of your ancestors. What records are available, where to find them, and source documentation. Has your Family Tree caught a bug? We will talk about cures and prevention for that. We will look at the benefits of DNA testing and what it can bring to your research. New developments in DNA research on MtDna for males. Which DNA companies are the best for data. On-line genealogy research, vs. boots on the ground research, what are the benefits or disadvantages.

Instructor: John Campbell

Starts: Tuesday, March 11 (meets March 11, 18 & 25)

Length: 3 sessions, 6:00-8:00 pm

Fee: \$30

An Introduction to Voiceovers—25SPEATV

“Wow, you have a great voice!” Have you heard that more times than you can count? Or maybe you listen to your favorite audiobooks, commercials, or cartoon characters and think, “I could do that!” Want to earn income using your talents from the comfort of your home? If so, then you could have what it takes to begin working as a professional Voiceover Artist. Explore the voiceover industry with your instructor, a professional, working voice actor from Voices for All, in a one-on-one, personalized, video chat setting. Discover the current trends in the industry and how easy and affordable it can be to learn, set up and work from home. In this onetime, 90-minute, introductory class, you’ll also learn about the different types of voiceovers and the tools you’ll need to find success. Your instructor will record you as you read a real script, then offer you some coaching so you can improve your delivery, taking notes on your performance to create a professional voiceover evaluation Voice Acting Education...Redefined! delivered to you in a follow up call. Learn more: <http://www.voicesforall.com/ooo> 18 and over. You owe it to yourself to finally explore the possibilities of this fun and rewarding field! Upon registration you will be contacted by VFA to schedule your class for a day and time of your convenience.

Instant Piano for Hopelessly Busy People – 25SPEIP

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano the way professionals do—using chords. The chord method is LOTS of fun and dramatically easier to learn than reading notes. Fee includes the online book, online follow up lessons, a recording of the class and also an optional periodic question and answer session. Class is held online using zoom and is partly hands on instruction and partly lecture demonstration. Ages 13+

Instructor: Craig Coffman

Starts: Monday, March 24

Length: 1 session, 6:30-9:30 pm

Location: Zoom Session

Fee: \$69 per person

Instant Guitar for Hopelessly Busy People – 25SPEIG

In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won’t have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Fee includes the online book, online follow up lessons, a recording of the class and also an optional periodic



question and answer session. Class is held online using zoom and is partly hands on instruction and partly lecture/demonstration. For ages 13+.

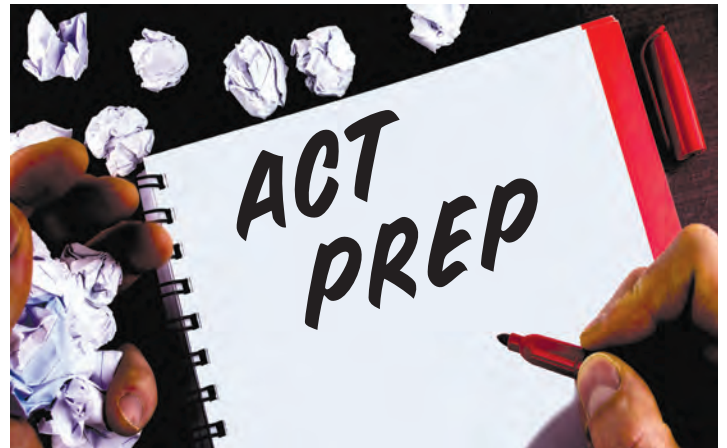
Instructor: Craig Coffman

Starts: Tuesday, March 25

Length: 1 session, 6:30-9:00 pm

Location: Zoom Session

Fee: \$69 per person



ACT Prep –25SPEACTP

Are you dreading the four-hour monster known as the ACT? ACT Prep class will help you get familiar with the four subtests, learn some tricks for each section, and help you to feel more at ease and prepared to take on the challenge of the test. Each session will focus on one of the subtests (English, Math, Reading and Science) with time to work practice problems. We will also cover tips for the writing portion, as well as the ACT rubric for scoring. So, bring your calculator, some #2 wooden pencils, and your willingness to work and join us to prepare for the ACT

Instructor: Stacey Calfee

Starts: Wednesday, February 5 (meets Feb 5, 12, 19, 26, March 5 & 10, last class will meet on Monday, March 10)

Length: 6 sessions, 5:30-7:30 pm

Fee: \$60

Puppy/Dog Training & Problem Solving – 25SPEDO

Week – 1 Follow through & Come/Wait Week – 2 Follow through & Sit/Stay, Week -3 Down/Stay & Wait, Week 4 Persistency/Timing & Review. Bring Treats and Toys for reward/motivation. All puppies/dogs must be fully vaccinated by a vet. Proof on the first session. Leash required no reel leashes please. No choker chains or pinch collars. Bring water & poop bags. Plan to get down on the ground.

Instructor: Smitten Pet Sitten (Amy Mathias

660-528-0764 B.S. & A.K.C. Certified Evaluator)

Starts Days: 5:30 pm to 6:30 pm - Monday, January 27, February 10, 24, and March 10

Fee: \$50 per session



HEALTH AND WELL-BEING

Taking Care of You – 25SHWTC

Are you stressed out? Do you feel like you never have a chance to calm down in life? Then this class may be for you. Taking Care of You is a multisession program offering practical strategies and experiences to help people deal with the stress in their life. The program's activities are aimed at increasing mindfulness, positive emotions, optimism, resilience to stress, coping skills and self-care of the body, mind and spirit.

Instructor: Katie Pemberton

Starts: Thursday, February 13 (Feb 13, 20, 27, March 6, 13, 20, 27 & April 3)

Length: 8 sessions, 11am-12 pm

Fee: \$40

Freeze It! – *NEW* – 25SHWDF

Participants of the four Freeze It! Sessions will learn to prepare, freeze and cook flavor-packed freezer meals. Freezer meals can save time and money and reduce food waste. Participants will receive a workbook and prepare four freezer meals to take home. **Must have a minimum of six participants to hold the class, so tell your friends!**

Instructor: Debbie Bennett, Nutrition and Health Education Specialist for University of Missouri Extension

Starts: Monday, April 28 (meets April 28, May 5, 12, & 19)

Length: 4 sessions, 5:30-7:30 pm

Fee: \$105

Growing Fresh Herbs – 25SHWNHR

Learn how to grow fresh herbs from seed or plant. Basil, garlic, thyme and parsley are just a few of the herbs you will learn about.

Instructor: Shari Patterson

Starts: Saturday, March 22

Length: 1 session, 1:00-3:00 pm

Fee: \$15

First Aid with Herbal and Natural Remedies – 25SHWFAHNR

During this class we will go over the basics of developing a first aid kit using herbal application.

Instructor: Shari Patterson

Starts: Saturday, April 5

Length: 1 session, 1:00-3:00 pm

Fee: \$15

Eating to Beat Inflammation – 25SHWAICC

Learn how using food choices can minimize inflammation.

Instructor: Shari Patterson

Starts: Saturday, March 8

Length: 1 session, 1:00-3:00 pm

Fee: \$15

ARTS & CRAFTS

Introduction to Rug Braiding – 25SACWRB

Come learn about the different materials that can be used to make a braided rug or a runner for your home. The 1st session will be picking out the size of your project and estimating fabrics and the size of your rug or runner. The 2nd session will be braiding and lacing your rug or runner.

Instructor: Caroline Petersen

Starts: Tuesday, March 18 (meets March 18 & 25)

Length: 2 sessions 5:00- 6:00 pm

Fee: \$20

Beginning Watercolor – 25SCCBWP

Have you always admired beautiful Watercolors and wished you could paint like that even though you've heard it is the most difficult painting medium? Come dispel the myth and learn the techniques to make watercolor do what YOU want it to do. We'll learn the basics and then build on that as we create paintings you'll be proud of. Bring what watercolor supplies you already own. Call instructor for help in picking new supplies for the class.

Instructor: Patty Bagby

Starts: Thursday, May 29 (meets May 29, June 5, 12, 19 & 26)

Length: 5 sessions, 6:30-9:00 pm

Fee: \$75 (plus supplies)

Mosaic Diabetes Support Group

When: 1st Wednesday of Each Month (excluding December), 10:00 - 11:00 am

Where: Diabetes Education Room, Mosaic Outpatient Therapy Building

**Call Debra Hull BSN, RN, CDCES
for more information at (660) 562-7966.**

Watercolors II – 25SCCWC2

Let's move on from the basics and try some new techniques, improve landscape, and do a painting from your own picture. Bring the supplies you have and let us know if you need anything else?

Instructor: Patty Bagby

Starts: Thursday, April 24 (meets April 24, May 1, 8, 15, & 22)

Length: 5 sessions, 6:30-9:00 pm

Fee: \$75 (plus supplies)



COOKING

Artisan Sourdough Class – 25SCASC1

Learn the art of baking bread as beautiful as it is delicious! In this hands-on class, we will work through each of the steps of the sourdough process, from feeding a starter, mixing dough, shaping loaves, scoring to baking. Whether you are a sourdough beginner, or have some experience and want to polish your technique, this course is for you! We will also discuss various topics such as baking with sourdough discard, hydration levels, health benefits of sourdough, and will sample recipes made with various sourdough processes. You will leave with your own starter, dough to bake at home, a loaf baked in class, recipes, and confidence to tackle it all on your own at home.



Instructor: Annalise Herrera, Frost and Flourish Boutique Bakery

Starts: Saturday, February 22

Length: 1 session, 10 am to 12:45 pm

Fee: \$45

Cooking with Fresh Herbs – 25SHWCFH

We will discuss herbs and learn the benefits to rosemary and tarragon. Recipes will be shared as well as cooking and tasting.

Instructor: Shari Patterson

Starts: Saturday, April 26

Length: 1 session, 1:00-3:00 pm

Fee: \$20

Roll Fun-Make and Take – 25SHWRF

Learn the basics of home-made rolls and cinnamon rolls. Learn the steps to making delicious rolls and get to taste and leave with rolls. Please bring a pan to class for baking rolls.

Instructor: Donna Lewis

Starts: Wednesday, March 26

Length: 1 session, 5:00-6:30 pm

Fee: \$24

Cake Decorating 101-25SCCD

Learn basic cake decorating, some borders, flowers and some leaves.

Instructor: Karlene Jenkins

Starts: Monday, January 27 (meets January 27, February 3 & February 10)

Length: 3 sessions, 6:30-9:00 pm

Fee: \$30 plus supplies-tips # 3, #20, #67, #104 flower nail #7, 2 - 10 inch reusable bags, 2 - couplers and a set of colors.



BUSINESS SOLUTIONS

MARYVILLE PUBLIC LIBRARY

8:15 NETWORKING

8:30 BUSINESS SOLUTIONS

9:30 ROUND TABLE

JANUARY 22

FEBRUARY 26

MARCH 26

APRIL 23

MAY 28

JUNE 25

YOUTH

Kids in the Kitchen – 25SYKK

Calling all 4th-8th graders for a course of delicious food and learning how to cook for yourself and family! Each session we'll get hands-on and cover fundamentals such as basic skills, how to read and follow a recipe, measuring and mixing, and the importance of kitchen safety. Best of all, we'll get into the fun details of cooking, including easy, healthy and delicious foods to help get you through the summer. Along the way, kids will learn how to make great food that will impress their family and friends. Space is limited call today!

Instructor: Marci Behrens

Starts: Tuesday, May 20 and Wednesday, May 21

Length: 2 sessions, 8 am-noon

Fee: \$39

Hunter Education (Firearm Safety) Skills Field Day – 25SGOHE

This skills session will satisfy part two of Missouri Hunter Education requirements. To obtain hunter education certification you must also attend part one (online, self-study, or a classroom session) and bring along your skills session qualifier certificate or a student manual with the review questions completed. Those who have not completed the part one knowledge portion will not be able to attend the part two skills portion. Students 15 and under must also bring a copy of their birth certificate or other proof of age. The final exam will be administered at the end of the skills session. Register online at: Events | Missouri Department of Conservation (s3licensing.com).

Please arrive a minimum of 15 minutes before the beginning of the class to complete registration; late arrivals will not be admitted so please arrive early. In the event of a cancellation, you will be contacted by email and/or phone. Please contact Conservation Agent Kris Smith at (816) 261-1245 if you have any questions.

Note: Students who are 16 and over and have completed the all-online Hunter Education course are certified and do not need to attend an in-person skills session.

Anybody completing online hunter education can participate in the skills field day. Register on-line for the course. If you need more information contact the St. Joseph regional office at 816-271-3100 or www.mdc.mo.gov. You will receive your hunter education certification after completing the online hunter education course and the skills field day. This class is for any person 11 or older needing Hunters Education Certification. This is the skills portion only.

Instructor: MO Conservation Department

Starts: To Be Determined

Length: 1 session, 9:00 am – 1:00 pm

Fee: free

Babysitter's Training – 25SYBT

Are you ready to start your babysitting career or update your skills? 5th-8th graders (minimum age of 11 years old). Bring a baby doll and a sack lunch.

Instructor: Kathy Lipiec

Starts: Saturday, March 22

Length: 1 session, 8:30 am-3:30 pm

Fee: \$45 plus supplies

DANCE & MUSIC

DANCE/MUSIC

Western Two Step – 25SDWBW

Two Step is an energetic partner dance that's easy to learn. Join us as we glide, turn and twirl around the dance floor. Dancing is great exercise and is fun for all ages. Sign up early.

Instructor: Julene Krause

Starts: Tuesday, February 18

(meets Feb 18, 25, March 4, 11, 18)

Length: 5 sessions, 7:00 -8:30 pm

Fee: \$59

Jitterbug Single Swing – 25SDWBW

Jitterbug AKA *Single Swing* is fun for all ages, is the most sought-after dance and one of the easiest dances to learn. Join us as we have fun dancing swing to a variety of music and enjoy some physical exercise while boosting brain function. Sign up early

Instructor: Julene Krause

Starts: Tuesday, January 7

(meets January 7, 14, 21, 28, Feb 4)

Length: 5 sessions, – 7:00 -8:30 pm

Fee: \$59



Salsa/ChaCha – 25SDMJJS

Salsa on 1 is a fun, energetic, sought after easy beginner dance for all ages. Set to lively popular music. Couples preferred, singles are welcome. Sign up early.

Instructor: Julene Krause

Starts: Tuesday, March 25

(meets March 25, April 1, April 8, 15)

Length: 4 sessions, 7:00 -8:30 pm

Fee: \$48

NW TECHNICAL SCHOOL SCHEDULE – SPRING 25

| DATE | COURSE | INSTRUCTOR | DAY | TIME | LENGTH | FEE | LOCATION |
|---------------------------|---|--|---------------|---------------------|------------|-----------------------------|----------|
| PERSONAL ENRICHMENT - FUN | | | | | | | |
| 2/4 | Sign Language | Marcy Gilmore | Tues., Thurs. | 6:30 - 8:00 pm | 8 sessions | \$75 | NTS |
| 4/1 | Introduction to Applied Behavior Analysis | Tenna Hazen, BCBA | Tuesday | 5:30 - 6:30 pm | 3 sessions | \$30 | NTS |
| 4/22 | Introduction to Applied Behavior Analysis with A Focus on Education | Tenna Hazen, BCBA | Tuesday | 5:30 - 6:30 pm | 3 sessions | \$30 | NTS |
| 2/11 | Social Security - A Closer Look at Your Benefits | Curtis J. Behrend, CFP, Financial Consultant | Tuesday | 6:30 - 8:00 pm | 1 session | Free | NTS |
| 4/8 | Five Components of a Confident Retirement | Curtis J. Behrend, CFP, Financial Consultant | Tuesday | 6:30 - 8:00 pm | 1 session | Free | NTS |
| 3/11 | Your Family Heritage & Genealogy | John Campbell | Tuesday | 6:00 - 8:00 pm | 3 sessions | \$30 | NTS |
| TBD | An Introduction to Voiceovers | Voices for All | TBD | 90 minutes | 1 session | TBD | Video |
| 3/24 | Instant Piano for Hopelessly Busy People | Craig Coffman | Monday | 6:30 - 9:30 pm | 1 session | \$69 | Zoom |
| 3/25 | Instant Guitar for Hopelessly Busy People | Craig Coffman | Tuesday | 6:30 - 9:00 pm | 1 session | \$69 | Zoom |
| 2/5 | ACT Prep | Stacey Calfee | Wednesday | 5:30 - 7:30 pm | 6 sessions | \$60 | NTS |
| 1/27 | Puppy/Dog Training Basic & Problem Solving | Smitten Pet Sitten - Amy Mathias | Monday | 5:30 - 6:30 pm | 4 sessions | \$50/session or \$200 total | NTS |
| HEALTH AND WELL-BEING | | | | | | | |
| 2/13 | Taking Care of You | Katie Pemberton | Thursday | 11:00 am - 12 pm | 8 sessions | \$40 | NTS |
| 4/28 | Freeze It! - <i>NEW</i> | Debbie Bennett | Monday | 5:30 pm - 7:30 pm | 4 sessions | \$105 | NTS |
| 3/22 | Growing Fresh Herbs | Shari Patterson | Saturday | 1:00 - 3:00 pm | 1 session | \$15 | NTS |
| 4/5 | First Aid with Herbal and Natural Remedies | Shari Patterson | Saturday | 1:00 - 3:00 pm | 1 session | \$15 | NTS |
| 3/8 | Eating to Beat Inflammation | Shari Patterson | Saturday | 1:00 - 300 pm | 1 session | \$15 | NTS |
| ARTS & CRAFTS | | | | | | | |
| 3/18 | Introduction to Rug Braiding | Caroline Petersen | Tuesday | 5:00 - 6:00 pm | 2 sessions | \$20 | NTS |
| 5/29 | Beginning Watercolor | Patty Bagby | Thursday | 6:30 - 9:00 pm | 5 sessions | \$75 plus supplies | NTS |
| 4/24 | Watercolors II | Patty Bagby | Tuesday | 6:30 - 9:00 pm | 5 sessions | \$75 plus supplies | NTS |
| COOKING | | | | | | | |
| 2/22 | Artisan Sourdough Class | Annalise Herrera | Saturday | 10:00 am - 12:45 pm | 1 session | \$45 | NTS |
| 4/26 | Cooking with Fresh Herbs | Shari Patterson | Saturday | 1:00 - 3:00 PM | 1 session | \$20 | NTS |

| | | | | | | | |
|----------------------|--|---|----------------------------------|-------------------|--|--|-----------------------|
| 3/26 | Roll Fun-Make and Take | Donna Lewis | Wednesday | 5:00 - 6:30 pm | 1 session | \$24 | NTS |
| 3/27 | Cake Decorating 101 | Karlene Jenkins | Monday | 6:30 - 9:00 pm | 3 sessions | \$30 <small>plus supplies</small> | NTS |
| YOUTH | | | | | | | |
| 5/20 | Kids in the Kitchen | Marci Behrens | Tues/Wed | 8:00 am - Noon | 2 sessions | \$39 | NTS |
| TBD | Hunter Education (Firearm Safety) Skills Field Day | MO Conservation Department | Saturday | 9:00 am - 1:00 pm | 1 session | Free | NTS |
| 3/22 | Babysitter's Training | Kathy Lipiec | Saturday | 8:30 am - 3:30 pm | 1 session | \$45 <small>plus supplies</small> | NTS |
| DANCE & MUSIC | | | | | | | |
| 2/18 | Western Two-Step | Julene Krause | Tuesday | 7:00 - 8:30 pm | 5 sessions | \$59 | NTS |
| 1/7 | Jitterbug Single Swing | Julene Krause | Tuesday | 7:00 - 8:30 pm | 5 sessions | \$59 | NTS |
| 3/25 | Salsa / ChaCha | Julene Krause | Tuesday | 7:00 - 8:30 pm | 4 sessions | \$48 | NTS |
| HEALTH CARE | | | | | | | |
| 3/3 | American Red Cross CPR/First Aid/AED | Call 660-671-1283 to enroll; 8 required to hold class. | 1st Mon- day of each month | 5:00 - 8:00 pm | 1 session | \$60 | NTS |
| TBD | TABE Testing | Call 660-562-3022 to schedule a testing date. | | | | \$20 | NTS |
| 1/14 | Certified Nursing Assistant | Linda Jenkins & Barbara Schooler | Tues./ Thurs. | 3:30 - 7:30 pm | 19 sessions | \$800 <small>plus \$125 for certification & test</small> | NTS |
| TBA | Certified Medication Technician (CMT) (Includes Insulin Administration) | | TBA | TBA | 60 class hrs., 8 clinical hrs., and 2 final hrs. | \$650 <small>plus book and insulin certification</small> | NTS |
| TBA | Emergency Medical Technician | | | | | \$1000 <small>plus fees</small> | NTS |
| TBA | EMT-B CEU Classes | Call for schedule | | 6:00 - 10:00 pm | | \$25 <small>per class</small> | NTS |
| On Demand | IV Therapy for LPNs | | | | 40 class hrs., 8 hrs. clinical | \$400 <small>plus book</small> | |
| BUSINESS & COMPUTERS | | | | | | | |
| 1/14 | Apple/MAC Operations and File Management | Donovan Harris | Tuesday | 3:30 - 5:30 pm | 3 sessions | \$59 | NTS |
| 2/4 | Basic Computer Operations | Donovan Harris | Tuesday | 3:30 - 5:30 pm | 4 sessions | \$79 | NTS |
| 3/4 | Owning a Computer | Donovan Harris | Tuesday | 3:30 - 5:30 pm | 2 sessions | \$49 | NTS |
| 3/18 | Microsoft Word | Donovan Harris | Tuesday | 3:30 - 5:30 pm | 2 sessions | \$49 | NTS |
| 4/1 | Excel | Donovan Harris | Tuesday | 3:30 - 5:30 pm | 2 sessions | \$49 | NTS |
| TECHNICAL | | | | | | | |
| On Demand | Welding Fundamentals | | | 4:00 - 7:00 pm | 7 sessions | \$450 | NTS |
| 3/3 | Basic Refinishing | John Monjar | Monday | 6:00 - 8:00 pm | 5 sessions | \$38 | Monjar's Wood Shop |

HEALTH CARE

American Red Cross CPR/First Aid/AED – 25SHCCPR

This hands-on course teaches you responses and skills for how to respond in emergency situations. Course content can include Adult or Child CPR skills. This course can be tailored to meet the needs of the group wanting to take or up-date their CPR skills.



Offered the 1st Monday's of each month February 3, March 3, April 7 and May 5, 5:00-8:00 pm
Class will be cancelled if at least 8 students are not enrolled. Call 660-671-1283 to enroll!
Fee: \$60

TABE Testing

Enrollees in EMT Class must meet certain grade level standards which are established through the TABE Test. Contact Northwest Technical School Office at 660-562-3022, to schedule a testing date. Cost \$20

Northwest Technical School is a Regional Testing Site that hosts the Certified Nursing Assistant (CNA) exam. CNA candidates who have completed the course can log on to mo.tmutest.com to see available test dates at Northwest Technical School.

Certified Nursing Assistant – 25SHCCNA

Receive 75 hours of classroom training as a nurse assistant in skilled residential care. Classroom study coincides with 100 hours of clinical training at your place of employment. Cost does not include certification exam.

Instructor: Linda Jenkins and Barbara Schooler
Starts: Tuesday, Jan. 14 (Tues/Thurs 3:30-7:30 pm)
Length: 19 sessions
Fee: \$800 plus \$125 for certification and testing to testing company

Certified Medication Technician (CMT) (Includes Insulin Administration) – 25SHCCMT

Upgrade your CNA skills to become a medication technician in a skilled care facility. The four-hour insulin administration component certifies a medication technician to administer insulin in a skilled health care facility. Call for details if you only need the insulin administration component. Students must be an active CNA for 6 months, take and pass a TABE test, and have a letter of recommendation from a DON or administrator.

Starts: TBA

Length: 60 class hours, 8 clinical hours and 2 final hours

Fee: \$650 tuition, plus book and insulin certification

Emergency Medical Technician – 25SHCEMT

This course requires a TABE test and an interview process. Students completing this program will be eligible for National Registry testing and licensing as an EMT. The Program is also Accredited by the Bureau of EMS State of MO. Any certified EMT needing additional CEU's call 660-671-1283 to enroll in a segment of this course to meet requirements.

Starts: TBA

Fee: \$1000 plus testing and supply fees

EMT-B CEU Classes – 25SHCEMTB

Classes will coincide with regular EMT course schedule at NTS. Pre-registration required 3 days prior to class date to schedule testing and get certification.

Starts: Call for schedule– 6:00-10:00 pm

Fee: \$25 per class

IV Therapy for LPNs – 25SFIVT

Prerequisite: Must be Licensed Practical Nurse. The LPN will use knowledge, skills and competencies required to perform such therapy safely and in accordance with the Missouri Nursing Practice Act. The course includes forty (40) hours of classroom instruction. The arrangement of eight hours required clinical is the responsibility of the student.

Starts: On Demand

Length: 40 hours classroom, 8 hours clinical

Fee: \$400 (plus book)

Maryville Early Childhood Center

PARENTS AS TEACHERS

YOU ARE YOUR CHILD'S FIRST AND MOST INFLUENTIAL TEACHER. JOIN OUR FREE EARLY CHILDHOOD PROGRAM TODAY!

Contact us today: 660-562-3915

<https://mecc.maryville.k12.mo.us/o/mecc/page/parents-as-teachers>

pohrene@maryviller2.com

Northwest Technical School
American Red Cross CPR & First Aid
We can offer courses for your business or industry
at your place or ours.

BUSINESS/COMPUTERS

Apple/MAC Operations and File Management – 25SCAB

This course is designed for individuals seeking to enhance their understanding of Apple/Mac functions and operations across various devices, including iMac, iPad, iPhone, and MacBook. Throughout the course, we will explore and learn about Apple file management and navigation, with a specific emphasis on the Apple AirDrop process for transferring files and images between devices. Each session will include dedicated time for addressing additional questions and discussing topics related to Apple/Mac systems and functions that participants wish to explore in greater detail.

Instructor: Donovan Harris

Starts: Tuesday, January 14 (meets Jan 14, 21, 28)

Length: 3 sessions, 3:30-5:30 pm

Fee: \$59

Basic Computer Operations-25SCBC

Topics include terminology and the basic components of the computer. You will learn to navigate Windows, the basics of word processing, spreadsheet applications and the Internet. There will be time set aside for special requests if there is a topic that someone would like to be covered.

Instructor: Donovan Harris

Starts: Tuesday, February 4

(meets Feb 4, 11, 18 and 25)

Length: 4 sessions, 3:30-5:30 pm

Fee: \$79

Memory Cafe

Dementia/Alzheimer's Support Group

When: Fourth Friday of Each Month

Time: 10 a.m.

Where: First United Methodist Church

Call 816.271.7068 for questions

Sponsored by Mosaic Life Care Hospice



Mosaic Medical Center - Maryville In The Community

Mosaic Medical Center - Maryville offers a wide range of community based events throughout the year including:

- **Walk With a Doc** - Second Wednesday of Every Month
- **Health and Fitness Fair** - February 1 - Hughes Fieldhouse
- **CPR/First Aid Courses** - Upon Request
- **Stop the Bleed** - May and Upon Request
- **Tobacco Cessation** - November, January and Upon Request
- **Maryville Market** - Screening Opportunities and Education
- **Awareness Month Information**

If you would like more information, please call **660.562.7945** or email bridget.kenny@mymmlc.com.



Scan the QR code to like and follow our Facebook page for updates.

MOSAIC
MEDICAL CENTER
MARYVILLE



Mothering Mondays

Breastfeeding Support Group

When: Every Monday

Time: 4:30 - 6:30 p.m.

Where: Mosaic Outpatient Therapy
(409 W. South Hills Dr. Maryville)

Chance for moms to socialize with other breastfeeding moms, speak with lactation consultants, weigh your baby, and more!

Sponsored by Mosaic Medical Center - Maryville Maternity



Follow us for educational opportunities on Facebook at **Mosaic Maryville in the Community** or call **660.562.7945** for more information.



Scan the QR code to like and follow our Facebook page for updates.

BUSINESS/COMPUTERS

Owning a Computer -25SCOAC

We've all seen commercials for miracle programs that will speed up and clean up your computer to make it as good as new. What these commercials don't tell you is that you can do it all yourself -- for free! Using programs already installed on your machine and free software available on the internet, you will learn how to maintain your computer and keep it running at its best possible performance.

Instructor: Donovan Harris

Starts: Tuesday, March 4 (meets March 4 and 11)

Length: 2 sessions, 3:30-5:30 pm

Fee: \$49

Microsoft Word – 25SSCOBW

Learn the basics of word processing. Topics covered will be formatting of text and graphics, and an overall acquaintance with the features of Microsoft Word. There will be time set aside for special requests if there is a topic that someone would like to be covered.

Instructor: Donovan Harris

Starts: Tuesday, March 18 (meets March 18 and 25)

Length: 2 sessions, 3:30-5:30 pm

Fee: \$49

Excel – 25SCOBCE

Set up a spreadsheet with simple formatting and simple formulas. Develop the use of formulas and formatting to enhance the basic spreadsheet for various business or home users.

Instructor: Donovan Harris

Starts: Tuesday, April 1 (meets April 1 & 8)

Length: 2 sessions, 3:30-5:30 pm

Fee: \$49

A Better Life!

Maryville AEL

Adult Education

High School Equivalency Preparation • Workplace Skills

For a Northwest Missouri class near you, call:

660-582-5615



MISSOURI

Adult Education
& Literacy

haile@maryviller2.com

Enroll in Classes NOW!!

Classes for Parents and Caregivers

Mosaic Medical Center – Maryville offers helpful classes to prepare parents and caregivers for the exciting journey of parenthood. These classes are designed to give parents the knowledge and skills needed to feel confident and ready.

2025 CHILDBIRTH EDUCATION CLASSES

are on the following days: January 16, March 20, May 15, July 17, September 18 and November 20

2025 INFANT AND CHILD SAFETY CLASSES

are on the following days: February 20, April 17, June 19, August 21, October 16 and December 18

Taught by caring health care experts, these classes are a great way to ask questions and practice important skills in a supportive setting. Whether a first-time parent or want to refresh your knowledge, these classes will help you feel more prepared.

Classes are \$10 per couple.

from 5 to 8 pm at Mosaic Medical Center – Maryville in the Franciscan Room and include a light dinner.

**To sign up or learn more, visit
myMLC.com/Baby**

Mosaic LiveWell Diabetes Prevention Class

For those who want to learn to prevent diabetes, lose weight, or learn about healthy nutrition.

When: 1st Wednesday of each month from December to March.

Pre-Registration is **required**.

Call Debra Hull BSN, RN, CDCES for more information at (660)562-7966.

Mosaic Diabetes Education Program

ADA-recognized program offered at Mosaic.

Offering group and individual sessions.

Call Debra Hull BSN, RN, CDCES for more information at (660)562-7966.

TECHNICAL

Welding Fundamentals – 25STWF

A 20 hour program specially designed to gain knowledge in welding repair. Students will be exposed to Oxy-fuel cutting and brazing, Shielded Metal Arc welding (stick) and Gas Metal Arc welding (MIG).

Starts: On demand

Length: 7 sessions, 4:00-7:00 pm

Fee: \$450



Basic Refinishing – 25STBR

This class uses a hands-on approach and will offer the newcomer training in the basics of refinishing. Students will bring a small project (chair or table) to refinish in class. Proper safety techniques will be demonstrated and emphasized throughout the course.

Instructor: John Monjar

Starts: Monday, March 3

Location: Monjar's Wood Shop, 990 South Hester

Length: 5 sessions, week 1 - 6:00-8:00 pm,
week 2 - 6:00-8:00 pm, week 3 - 6:00-6:30 pm,
week 4 - 6:00-6:30 pm, week 5 - 6:00-6:30 pm

Fee: \$38

*Interested in becoming a nurse or
health care professional?*

Let NCMC help you achieve your goal!

**Practical Nursing, Associate
Degree Nursing, Radiology Tech,
Sonography Tech and
Surgical Tech programs
offered at our Savannah Campus.**

A+ eligible programs!



FIVE EASY WAYS TO REGISTER

PHONE: 660-671-1283, ask for Lori Tally

WALK-IN: You may register in person at Northwest Technical School. Hours: Mon.-Fri., 8 am to 4 pm

MAIL-IN: You may register by completing the registration form and mailing it with your fee to:

Community Education
1515 South Munn
Maryville, MO 64468

EMAIL: tally@maryviller2.com

**ONLINE
REGISTRATION**



We will be offering both in-class and virtual class options for this date/time. Please make sure to select "in-person" or "virtual" when completing your registration. Cost: \$40 per student - No more than 25 students (in-person) per class.

Adults must take class virtually.

Register on-line @ www.stjoesafetycouncil.org

For those wishing to attend class in person, class will be held at:

St. Joseph Safety & Health Council
3131 Frederick Ave Suite 220
St. Joseph, MO 64506

KCPD North Patrol Community Room
11000 NW Prairie View Road
Kansas City, MO. 64153

Time: 5pm-9pm on the second Thursday of each month (except for June & July).



Our private driving lessons provide a one-on-one experience with a certified driving instructor, allowing you to learn to drive step by step. Each student will receive comprehensive training focused on basic defensive driving and responsible driving practices.

Lessons are available year-round, subject to weather conditions (please note that sessions are not offered during June and July). This program is exclusively dedicated to behind-the-wheel instruction, with no classroom instruction included.

A permit or valid driver's license is required for registration.

Supervisory Certificate Series

Course Description: Take your supervisory and leadership skills to the next level! This series addresses key topics in the role of a supervisor and leader—relationships, communication, teams, conflict, legal responsibilities, and coaching—and includes hands-on activities and interactive discussions so participants are engaged and learn from each other. The course is designed by the Missouri Training Institute (part of the University of Missouri Trulaske College of Business and University of Missouri Extension) and taught by MU Extension. Participants receive a supervisory skills certificate upon completion of all of the sessions in the series.

Session 1: Building Effective Relationships (full-day session) - Tuesday, April 1 - 9:00 am-4:00 pm

Building effective relationships with the team members you supervise is one of the best strategies to ensure team performance and prevent future conflicts. By focusing on relationships, you gain trust and respect. This full day session will examine personality differences, generational differences, and how to proactively build trust.

Session 2: Communicating Successfully (half-day session) - Tuesday, April 15 - 9:00 am-12:00 pm

In today's fast-paced business environment, successful communication requires more than just speaking your mind loudly enough for others to hear you. This session will sharpen both your written and verbal communication skills to maximize understanding and minimize confusion among those you communicate with.

Session 3: Your Legal Responsibilities (half-day session) - Tuesday, April 15 - 1:00-4:00 pm

Supervisors are often placed in a difficult position. On one hand they are charged with motivating and directing the workforce. On the other, they must protect the organization from liability. This session will explore the legal responsibilities of the supervisory role by examining best practice solutions to discrimination, sexual harassment and the progressive discipline process.

Session 4: Guiding Conflict Resolution (half-day session) - Tuesday, April 22 - 9:00 am-12:00 pm

In the workplace, even healthy differences can escalate into conflict. Addressing conflict quickly and effectively is a crucial supervisory skill. This session enables participants to recognize the signs that conflict exists, assess each conflict situation and serve as a catalyst to encourage those involved to achieve resolution.

Session 5: Leading High-Performance Teams (half-day session) - Tuesday, April 22 - 1:00-4:00 pm

As the supervisor, you are responsible for the leadership of your staff. This session will address the interpersonal and organizational advantages of working together. You will also participate in some experiential learning exercises that

illustrate what it takes to lead others through the challenges of team development. Finally, learn how to set team boundaries and communicate team expectations to increase the commitment and performance of your employees.

Session 6: Coaching Employees (full-day session) - Tuesday, April 29 - 9:00 am-4:00 pm

The coaching process is central to performance management. By creating the appropriate climate and context to empower individuals and teams, great coaches are able to achieve extraordinary results. The workshop will provide you the coaching tools you need to motivate, delegate and diagnose performance problems; provide performance feedback; and facilitate the problem-solving process for employees.

Instructors: University of Missouri Extension faculty, including Amie Schleicher, associate extension professional and field specialist in livestock; Jessica Trussell, field specialist in human development.

Length: Six sessions over the course of four weeks (some sessions take the entire time; other sessions are half-day sessions); participants can attend one or more of the sessions but must attend all six to earn supervisory certificate.

Register by March 18. Minimum 8 people.

Starts: Tuesday, April 1

Fee: \$899 for entire series. \$300 for full days, \$150 for half-days.

Time: Full-day sessions, 9:00 am-4:00 pm; half-day sessions either 9:00 am-12:00 pm or 1:00 to 4:00 pm

For more information, call 660-562-3022.

*Looking for a degree in
Industrial Technology?*

For more information contact:



2025 Spring Occupational Classes

in conjunction with

St. Joseph Safety & Health Council

CONFINED SPACE ENTRY

OSHA 10-HOUR CONSTRUCTION

OSHA 10-HOUR INDUSTRY

FORKLIFT TRAIN THE TRAINER

DATES AND TIMES TO BE ANNOUNCED



Unless otherwise noted, all Maryville programming will be hosted at Northwest Technical School

<http://www.stjoesafteycouncil.org>

MESA

Midland Empire Safety Association

Not A Member???

Industrial manufacturing, construction companies and any other employers in Northwest Missouri responsible for complying with standards set forth by the Occupational Safety and Health Act of 1970 are encouraged to become members of the St. Joseph Safety and Health Council. Membership dues are determined based on the number of employees of each individual company, and benefits include safety publication subscriptions, reduced cost training, networking opportunities and much more. Call the Council for more information or check out our website

www.stjoesafetycouncil.org

ENROLL TODAY – CALL 660-562-3022

Classes begin in January

All classes scheduled as requested

Make your payment by *Cash *Check *VISA *MasterCard

GIFT CERTIFICATES AVAILABLE!

Give a class as a gift. Buy a gift certificate in any amount which can be applied to the cost of tuition. For more information please call 660-671-1283 or email Lori at tally@maryviller2.com.

2025 SPRING REGISTRATION FORM

Please mark your calendar with class information. You are enrolled as soon as we receive this form and payment of fees. You will not be notified unless difficulty is encountered.

NAME: _____

ADDRESS: _____

CITY: _____ **ZIP:** _____

DAYTIME PHONE: _____

EVENING PHONE: _____

EMAIL: _____

METHOD OF PAYMENT:

CASH ____ **CHECK** ____ **VISA** _____ **MASTERCARD** _____

CARD NUMBER _____ **CODE** _____ **EXPIRES** _____

PLEASE ENROLL ME IN:

| COURSE TITLE | TIME | DATE | FEE |
|---------------------|-------------|-------------|------------|
| _____ | | | |
| _____ | | | |
| _____ | | | |

TOTAL _____

Make checks payable to: Maryville R-II
Enclose fees & mail to: COMMUNITY EDUCATION
1515 S. MUNN
MARYVILLE, MO 64468

I have read and understand the registration and refund policy for Community Education classes.

Signature _____ **Date** _____