Adult & Community

# Education



1515 South Munn Maryville, MO 64468 (660) 562-3022

https://nts.maryville.k12.mo.us/o/nts

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To see course dates, times and instructors at a glance see Pg. 8 & 9

### **IMPORTANT INFORMATION**

# All Course Information in this Catalog is Subject to Change

SCHEDULE CHANGE: Formation of classes depends on sufficient enrollment. Community Education reserves the right to revise class schedules if needed. The information in this publication is based on conditions at printing and is subject to change.

CEUs: The Continuing Education Unit is credit offered for vocationally related courses. One credit is given for every 10 hours of instruction. Courses earning CEU credits are computer, child care, health care and technical classes.

BOOKS AND SUPPLIES: Costs are included in the registration fees unless otherwise specified. Books are available in the Community Education Office at the first class.

FACILITIES: Classes are held at Northwest Technical School unless specified otherwise in the course description.

ENROLLMENT: Anyone may enroll in classes. Classes arranged for younger people will indicate an acceptable age range in the course description.

CANCELLATION DUE TO WEATHER: Whenever classes in the public schools are cancelled due to weather, Community Education classes are also cancelled. All cancellations will be announced on local media. Or dial 660-562-3022 for questions.

REFUNDS: A full refund or credit will be made if (1) Community Education cancels a class, (2) a class is full at the time your registration is received, or (3) a refund is requested 24 hours before the first class is held. NO refunds will be given after a class meets. Refunds may require four to six weeks to process.

**DISCLAIMER:** Every effort has been made to make this publication accurate as of the publication date; however, all policies, procedures, tuition/fees and curriculum are subject to change any time by appropriate action of instructors, the administration, and the Maryville Board of Education. This publication is not intended to be a contract, explicit or implied, and the school reserves the right to make changes regarding the information contained therein.

Equal Opportunity Employer complying with Title IX Section 504.



### **Northwest Technical School**

Our online courses are informative, fun, convenient, and highly interactive. We focus on creating warm, supportive communities for our learners.

#### **POPULAR COURSES INCLUDE:**

#### **Accounting Fundamentals**

Gain a marketable new skill by learning the basics of double-entry bookkeeping, financial reporting, and more.

#### A to Z Grant Writing

This course provides students with the hands-on experience and knowledge they need to successfully begin writing grant proposals, including real-world scenarios, and the opportunity to improve their work by reviewing previous grant proposals completed by peers.

#### **Business and Marketing Writing**

Write great marketing copy to improve your company's image and your chances of getting hired or promoted.

#### **Creating Web Pages**

Learn the basics of HTML as you design, create, and post your very own website.

#### **Effective Business Writing**

Improve your career prospects by learning how to develop powerful written documents that draw readers in and keep them motivated to continue to the end.

### Fundamentals of Supervision and Management

Learn the people skills required to motivate and delegate, and learn tools for solving problems and resolving conflicts.

#### **GMAT Preparation**

Discover powerful test-taking techniques and methods for improving your score on the GMAT.

#### **Grammar Refresher**

Develop your English grammar skills and take your writing and speaking to the next level of excellence in this course.

#### Intro to CSS3 and HTML5

Learn to create state-of-the art Web sites using modern CSS3 and HTML5 techniques.

#### Introduction to SQL

Learn to create state-of-the-art websites using modern CSS3 and HTML5 techniques.

#### Leadership

Gain the respect and admiration of others, exert more control over your destiny, and enjoy success in your professional and personal life.

#### **COURSE FEATURES:**

- 100% Online
- 24/7 Course access
- 6-Week instructor-moderated or 3-month self-guided formats
- Learn from industry experts
- Receive a certificate of completion

To view all courses, learn more and enroll, visit:

ed2go.com/nts

# **PERSONAL ENRICHMENT - FUN**

#### Sign Language----24FPESL

We will build on the basics to expand the student's knowledge of sign language. The students will be working on basic sign language communication skills and games to learn the new language. New language learners are welcome!

**Instructor:** Marcy Gilmore

**Starts:** Tuesday September 10 (Tuesday's and

Thursday's)

**Length:** 8 sessions –6:30-8:00 pm

Fee: \$75

#### Intermediate Sign Language---*NEW*---24FPESL2

This class is designed for students who have had some basic sign language. We will build on the basics to expand the student's knowledge of sign language. The students will be working on projects and games to learn the new language.

**Instructor:** Marcy Gilmore

Starts: Tuesday October 8 (Tuesday's and

Thursday's)

**Length:** 8 sessions –6:30-8:00 pm

Fee: \$75

#### Signing Time with Baby—NEW-24FLMM

This class is designed to help Mom's and babies or toddlers learn some everyday signs. It is a proven fact that sign language assists in language development. When your baby or toddler can communicate with you it reduces the frustration level on the part of the baby and adult. This will be a play time and we'll interact with the babies using signs for the toys and other items. Please bring a blanket, drink, snack and favorite toy and or book. Parents and grandparents welcome!

**Instructor:** Marcy Gilmore

Starts: Tuesday November 5 (Tuesday's and

Thursday's)

**Length:** 8 sessions –6:30-7:15 pm

Fee: \$75

### Introduction to Applied Behavior Analysis (ABA)—--24FPEIABA

Applied Behavior Analysis (ABA) is a well-developed, research-based, scientific discipline among the helping professions that focuses on the analysis, design, implementation, and evaluation of social and other environmental modifications to produce meaningful changes in human behavior. ABA is not only an evidence-based practice for people diagnosed with Autism, it is also proven to be effective for other diagnoses such as ADHD and Depression. ABA may also be beneficial for neuro-typical, or "typically-developing", individuals as well. Behavior is all around us—which means ABA can be applied to almost anything or anyone who demonstrates observable and measurable behavior. ABA is used in

animal training, classroom management, substance abuse disorders, individuals with autism or developmental disabilities, and can be used with any person for self-management.

**Instructor:** Tenna Hazen, BCBA **Starts:** Tuesday, September 17 **Length:** 3 sessions 5:30-6:30 pm

**Fee:** \$30

# Introduction to Applied Behavior Analysis-with A Focus on Education---24FPABAFE

Introduction to a scientific approach that can help caregivers and educators address challenging behaviors and learn strategies that can be used in the home, in school settings, and anywhere behaviors exist. ABA can be used to teach new skills and improve lives through behavior change.

**Instructor:** Tenna Hazen, BCBA **Starts:** Tuesday, October 8 **Length:** 3 sessions 5:30-6:30 pm

Fee: \$30

### Social Security---A Closer Look at Your Benefits—24FPEYFFP

Discover how to use the latest information to assess your potential Social Security benefits and the role those benefits will play during retirement. We'll be addressing these common questions and more.

- What steps can I take to maximize my Social Security benefits?
- How will Social Security benefits affect my taxes?
- How will continuing to work impact my Social Security Benefits?
- How can I pass benefits on to my spouse or other family members?

You've Made Contributions to the Program Your Entire Career... Make Sure You Maximize the Benefits You'll Receive.

**Instructor:** Curtis J. Behrend, CFP, Financial

Consultant

**Starts:** Tuesday, September 17 **Length:** 1 session 6:30-8:00 pm

Fee: free

#### Five Components of a Confident Retirement-24FPECR

Begin your journey of transitioning from your working years to your retirement years by gaining an understanding of the major challenges people face in retirement. Learn strategies which can be implemented to mitigate risk and minimize taxes which can strengthen your overall retirement outlook.

**Instructor**: Curtis J. Behrend, CFP, Financial

Consultant

**Starts:** Tuesday, November 19 **Length:** 1 session 6:30-8:00 pm

Fee: free

#### Your Family Heritage & Genealogy-24FPEFH

Understanding the basics to getting started, organizing, and storage of research. Learn how to use birth, death, and marriage records to find clues to other family members. Databases and search techniques to try and help break through those brick walls your stuck at. Understand Census Records and the collateral information that can lead you on the trail of your ancestors. What records are available, where to find them, and source documentation. Has your Family Tree caught a bug? We will talk about cures and prevention for that. We will look at the benefits of DNA testing and what it can bring to your research. New developments in DNA research on MtDna for males. Which DNA companies are the best for data. On-line genealogy research, vs. boots on the ground research, what are the benefits or disadvantages.

**Instructor**: John Campbell

Starts: Tuesday, October 8 (meets Oct 8, 15 & 22)

Length: 3 sessions 6:00-8:00 pm

**Fee:** \$30

#### An Introduction to Voiceovers—24FPEATV

"Wow, you have a great voice!" Have you heard that more times than you can count? Or maybe you listen to your favorite audiobooks, commercials, or cartoon characters and think, "I could do that!" Want to earn income using your talents from the comfort of your home? If so, then you could have what it takes to begin working as a professional Voiceover Artist. Explore the voiceover industry with your instructor, a professional, working voice actor from Voices for All, in a one-on one, personalized, video chat setting. Discover the current trends in the industry and how easy and affordable it can be to learn, set up and work from home. In this onetime, 90-minute, introductory class, you'll also learn about the different types of voiceovers and the tools you'll need to find success. Your instructor will record you as you read a real script, then offer you some coaching so you can improve your delivery, taking notes on your performance to create a professional voiceover evaluation Voice Acting Education...Redefined! delivered to you in a follow up call. Learn more: http://www.voicesforall.com/ooo 18 and over. You owe it to yourself to finally explore the possibilities of this fun and rewarding field! Upon registration you will be contacted by VFA to schedule your class for a day and time of your convenience.

Instant Piano for Hopelessly Busy People-----24FPEIP In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano the way professionals do-using chords. The



to learn than reading notes. Fee includes the online book, online follow up lessons, a recording of the class and also an optional periodic question and answer session. Class is held online using zoom and is partly hands on instruction and partly lecture demonstration. Ages 13+

Instructor: Craig Coffman Starts: Saturday, October 12 Length: 1 session 9:00-Noon Location: Zoom Session Fee: \$69 per person

#### Instant Guitar for Hopelessly Busy People—-24FPEIG

In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Fee includes the online book, online follow up lessons, a recording of the class and also an optional periodic question and answer session. Class is held online using zoom and is partly hands on instruction and partly lecture/demonstration. For ages 13+.

Instructor: Craig Coffman Starts: Saturday, October 12 Length: 1 session 1:00 3:30 pm Location: Zoom Session

Fee: \$69 per person

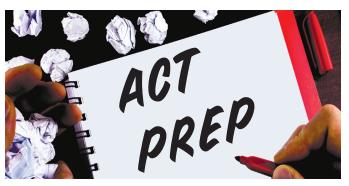
#### ACT Prep—24FPEACTP

Are you dreading the four-hour monster known as the ACT? ACT Prep class will help you get familiar with the four subtests, learn some tricks for each section, and help you to feel more at ease and prepared to take on the challenge of the test. Each session will focus on one of the subtests (English, Math, Reading and Science) with time to work practice problems. We will also cover tips for the writing portion, as well as the ACT rubric for scoring. So, bring your calculator, some #2 wooden pencils, and your willingness to work and join us to prepare for the ACT!

Instructor: Stacey Calfee Starts: Wednesday, September 4 (meets Sept 4, Sept 11, Sept 18, Sept 25, Oct 2 and Oct 7 last class will meet on Monday Oct 7)

Length: 6 sessions 5:30-7:30 pm

Fee: \$60



### Controlling Invasive Plants Around the Home, Garden, In Fence Rows, Pastures, and Forests---*NEW*----24FPECIP

This class consists of three sessions for those seeking to control invasive plants. Sessions will focus on weed control around the home and garden, as well as in fence rows, pastures and forests. Identification, non-chemical management, and chemical control solutions will be offered. Multiple control strategies are needed for some species.

**Instructors**: Gwen Funk, Field Specialist in Horticulture, and Wayne Flanary, Field Specialist in

Agronomy, University of Missouri

Starts: Tuesday, October 1 (meets Oct 1, 8, & 15)

**Length:** 6:00 pm – 8:00 pm **Fee:** \$35 (includes materials)

Contact Gwen Funk at 660-582-8101 or Wayne Flanary at 816-279-1691 if you have any questions.

## Puppy/Dog Training & Problem Solving – 24FPEDO

Week – 1 Follow through & Come/Wait Week – 2 Follow through & Sit/Stay, Week -3 Down/Stay & Wait, Week 4 Persistency/Timing & Review. Bring Treats and Toys for reward/motivation. All puppies/dogs must be fully vaccinated by a vet. Proof on the first session. Leash required no reel leashes please. No choker chains or pinch collars. Bring water & poop bags. Plan to get down on the ground.

**Instructor**: Smitten Pet Sitten (Amy Mathias 660-528-0764 B.S. & A.K.C. Certified Evaluator) **Starts Days:** 5:30 pm to 6:30pm - Monday,

September 16, 30, October 14, 28

**Fee**: \$50 per session



# **HEALTH AND WELL-BEING**

#### Dehydrating Foods – NEW---24FHWDF

Learn how to use a dehydrator to preserve fruits, vegetables and herbs safely. This class is designed for those who are new to dehydrating as well as those who need a refresher on safe dehydrating procedures.

**Instructor**: Debbie Bennett, Nutrition and Health Education Specialist for University of Missouri

Extension

**Starts:** Thursday, September 26 **Length:** 1 session 5:00-6:30 pm

Fee: \$25

#### **Growing Fresh Herbs----24FHWNHR**

Learn how to grow fresh herbs from seed or plant. Basil, garlic, thyme and parsley are just a few of the herbs you will learn about.

**Instructor**: Shari Patterson **Starts**: Saturday, September 14 **Length**: 1 session 1:00-3:00 pm

Fee: \$15

# First Aid with Herbal and Natural Remedies----24FHWFAHNR

During this class we will go over the basics of developing a first aid kit using herbal application.

Instructor: Shari Patterson Starts: Saturday, December 7 Length: 1 session 1:00-3:00 pm

Fee: \$15

#### **Eating to Beat Inflammation----24FHWAICC**

Learn how using food choices can minimize inflammation.

Instructor: Shari Patterson Starts: Saturday, October 5 Length: 1 session 1:00-3:00 pm

**Fee:** \$15

#### **Boost Your Brain----24FHWBYB**

Do you find yourself forgetting things more and more? Is your goal to forget less and remember more? Then this class is for you. You will learn new habits to live a healthier lifestyle, remember things easier, be more organized, pay closer attention, and regulate your emotions.

**Instructor:** Katie Pemberton **Starts:** Thursday, September 26 **Length:** 6 sessions 10:30-11:30 am

Fee: \$45

# Maryville Early Childhood Center PARENTS AS TEACHERS

YOU ARE YOUR CHILD'S FIRST AND MOST INFLUENTIAL TEACHER. JOIN OUR FREE EARLY CHILDHOOD PROGRAM TODAY!

Contact us today: 660-562-3915 https://mecc.maryville.k12.mo.us/o/mecc/page/par-

ents-as-teachers pohrene@maryviller2.com

### **Mosaic Diabetes Support Group**

When: 1st Wednesday of Each Month (excluding

December), 10:00 - 11:00 am

Where: Diabetes Education Room, Mosaic

**Outpatient Therapy Building** 

Call Debra Hull BSN, RN, CDCES for more information at (660)562-7966.

# **DANCE & MUSIC**

#### Western Two Step----24FDWBW

Two Step an energetic partner dance that's easy to learn and fun to do. Join us as we glide, turn and twirl around the dance floor. Dancing is great exercise and is fun for all ages.

**Instructor:** Julene Krause **Starts:** Tuesday, September 10 (meets September 10, 17, 24, October 1 & 8)

**Length:** 5 sessions - 7:00

-8:30 pm **Fee**: \$59



#### Western Waltz----24FDWBW

Waltz is a flowing partner dance that is popular on the dance floor, for weddings and other special occasions. Waltz is a good follow up class to the two-step class. Join us and learn to be comfortable on the dance floor.

**Instructor:** Julene Krause

**Starts:** Tuesday, October 15 (meets October 15, 22, 29, November 5 and 12) **Length:** 5 sessions – 7:00 -8:30 pm

Fee: \$59

#### Salsa---*NEW*----24FDMJS

Salsa on 1 is a fun, energetic, sought after easy beginner dance for all ages. Set to lively popular music. Couples preferred, singles are welcome.

**Instructor**: Julene Krause

Starts: Tuesday, November 19 (meets November 19,

26, December 3 & 10)

**Length**: 4 sessions -7:00-8:30pm

Fee: \$48

# **ARTS & CRAFTS**

#### Introduction to Rug Braiding—24FACWRB

Come learn about the different materials that can be used to make a braided rug or a runner for your home. The 1st session will be picking out the size of your project and estimating fabrics and the size of your rug or runner. The 2nd session will be braiding and lacing your rug or runner.

**Instructor**: Caroline Petersen **Starts**: Tuesday, November 19 **Length**: 2 sessions 5:00- 6:00 pm

Fee: \$20

#### **Acrylic Pouring—— 24FCPO**

Come try acrylic paint pouring to create your own masterpiece. It's easy, fun and surprising what anyone can create. Bring along 2-3 bottles of acrylic paint that you'd like to combine, plus black and white. Paint should be all the same brand. They should look good together and have good contrast. They can be gloss or matte. Also needed are 2 canvases no larger than 9 x 12, rubber gloves, a shallow box to carry each canvas home in. Any questions, call teacher. Small fee for supplies used.

**Instructor:** Patty Bagby

**Starts**: Tuesday, October 1 (meets October 1 & 8)

Length: 2 sessions—7:00-9:00 pm

Fee: \$22

#### **Beginning Watercolor-24FCCBWP**

Have you always admired beautiful Watercolors and wished you could paint like that even though you've heard it is the most difficult painting medium? Come dispel the myth and learn the techniques to make watercolor do what YOU want it to do. We'll learn the basics and then build on that as we create paintings you'll be proud of. Bring what watercolor supplies you already own. Call instructor for help in picking new supplies for the class.

**Instructor:** Patty Bagby

Starts: Thursday, September 19 (Meets September

19, 26, October 3, 10, 17)

**Length:** 5 sessions—7:00-9:30 pm

**Fee:** \$75 (plus supplies)

#### **Watercolors II- 24FCCWC2**

Let's move on from the basics and try some new techniques, improve landscape, and do a painting from your own picture. Bring the supplies you have and let us know if you need anything else?

**Instructor:** Patty Bagby

Starts: Tuesday, October 22 (meets October 22, 29,

November 5, 12, & 19) **Length**: 5 sessions—6:30-9:00 pm

Fee: \$75 (plus supplies

#### **Beginning Tatting—24FCTT**

Learn this old-time needlework favorite Grandma used to make. We'll learn on the shuttle or on needles, whichever you prefer, and work on some simple designs as well as learning to read patterns. Shuttles and needles will be available from the instructor.

**Instructor:** Patty Bagby

**Starts:** Tuesday, September 10 & 17 **Length:** 2 sessions —7:00-9:00 pm

Fee: \$22

# COOKING

#### Artisan Sourdough Class----24FCASC1

Learn the art of baking bread as beautiful as it is delicious! In this hands-on class, we will work through each of the steps of the sourdough process, from feeding a starter, mixing dough, shaping loaves, scoring to baking. Whether you are a sourdough beginner, or have some experience and want to polish your technique, this course is for you! We will also discuss various topics such as baking with sourdough discard, hydration levels, health benefits of sourdough, and will sample recipes made with various sourdough processes. You will leave with your own starter, dough to bake at home, a loaf baked in class, recipes, and

confidence to tackle it all on your own

at home.

Instructor: Annalise Herrera,

Frost and Flourish Boutique Bakery

**Starts**: Saturday, September14

**Length:** 1 session- 10 am to

12:45 pm **Fee:** \$45

# Advanced Sourdough Class--*NEW*--24FCASC2

Take your sourdough baking to the next level as we explore sourdough baking with whole grain flours, high hydration doughs, and enriched doughs. In class you will also decorate and bake focaccia to take home, and sample a variety of recipes.

Best suited for those comfortable with basic sourdough baking.

**Instructor**: Annalise Herrera, Frost and Flourish

**Boutique Bakery** 

Starts: Saturday, November 9

Length: 1 session- 10 am to 12:00 pm

Fee: \$45

#### **Cooking with Fresh Herbs - 24FHWCFH**

We will discuss herbs and learn the benefits to rosemary and tarragon. Recipes will be shared as well as cooking and tasting.

**Instructor:** Shari Patterson

**Starts**: Saturday, November 2

**Length**: 1 session 1:00-3:00 pm

Fee: \$20



#### Roll Fun-Make and Take---24FHWRF

Learn the basics of home-made rolls and cinnamon rolls. Learn the steps to making delicious rolls and get to taste and leave with rolls. Please bring a pan to class for baking rolls.

**Instructor:** Donna Lewis

**Starts:** Wednesday, November 20 **Length:** 1 session 5:00-6:30 pm

Fee: \$24

#### Cake Decorating 101-24FCCD

Learn basic cake decorating, some borders, flowers and some leaves.

**Instructor:** Karlene Jenkins

Starts: Wednesday, August 28 (meets August 28,

September 4 & September 11) **Length:** 3 sessions – 6:30-9:00 pm

**Fee:** \$30 plus supplies-tips # 3, #20, #67, #104 flower nail #7, 2- 10 inch reusable bags, 2-couplers

and a set of colors.



# BUSINESS SOLUTIONS MARYVILLE PUBLIC LIBRARY

8:15 NETWORKING

8:30 BUSINESS SOLUTIONS

9:30 ROUND TABLE

**AUGUST 28TH - A.I. AND YOUR BUSINESS** 

SEPTEMBER 25TH - HOW TO BUILD A

TEAM

OCTOBER 23RD-HOW TO CREATE A MARKETING PLAN

NOVEMBER 20TH - UNLOCKING TAX DEDUCTIONS FOR YOUR SMALL

BUSINESS

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e 8	COURSE	INSTRUCTOR	DAY	TIME	LENGTH	FEE I	LOCATION
		PERSONAL ENRICHMENT	L-FUN				
9/10	Sign Language	Marcy Gilmore	Tuesday	6:30 - 8:00 pm	8 sessions	\$75	NTS
8/01	Intermediate Sign Language - NEW	Marcy Gilmore	Tuesday	6:30 - 8:00 pm	8 sessions	\$75	NTS
11/5	Signing Time with Baby - NEW	Marcy Gilmore	Tuesday	6:30 -7:15 pm	8 sessions	\$75	NTS
9/17	Introduction to Applied Behavior Analysis	Tenna Hazen, BCBA	Tuesday	5:30 - 6:30 pm	3 sessions	\$30	NTS
10/8	Introduction to Applied Behavior Analysis-with A Focus on Education	Tenna Hazen, BCBA	Tuesday	5:30- 6:30 pm	3 sessions	\$30	NTS
9/17	Social Security-A Closer Look at Your Benefits	Curtis J. Behrend, CFP, Financial Consultant	Tuesday	6:30 - 8:00 pm	1 session	Free	NTS
11/19	Five Components of a Confident Retirement	Curtis J. Behrend, CFP, Financial Consultant	Tuesday	6:30 - 8:00 pm	1 session	Free	NTS
10/8	Your Family Heritage & Genealogy	John Campbell	Tuesday	6:00 - 8:00 pm	3 sessions	\$30	NTS
TBD	An Introduction to Voiceovers	Voices for All	TBD	90 minutes	1 session	TBD	Video
10/12	Instant Piano for Hopelessly Busy People	Craig Coffman	Saturday	9:00 am - 12:00 pm	1 session	69\$	Zoom
10/12	Instant Guitar for Hopelessly Busy People	Craig Coffman	Saturday	1:00 - 3:30 pm	1 session	69\$	Zoom
9/4	ACT Prep	Stacey Calfee	Wednesday	5:30 - 7:30 pm	6 sessions	09\$	NTS
10/1	Controlling Invasive Plants Around the Home, Garden, In Fence Rows, Pastures, and Forests - NEW	Gwen Funk, Field Specialist in Horticulture, & Wayne Flanary, Field Specialist in Agronomy, University of Missouri	Tuesday	6:00 - 8:00 pm	3 sessions	\$35	NTS
9/16	Puppy/Dog Training Basic & Problem Solving	Smitten Pet Sitten - Amy Mathias	Monday	5:30 - 6:30 pm	4 sessions	\$50/session or \$200 total	NTS
		HEALTH AND WELL-BEING	BNI				
9/56	Dehydrating Foods - NEW	Debbie Bennett	Thursday	5:00 - 6:30 pm	1 session	\$25	NTS
9/14	Growing Fresh Herbs	Shari Patterson	Saturday	1:00 - 3:00 pm	1 session	\$15	NTS
12/7	First Aid with Herbal and Natural Remedies	Shari Patterson	Saturday	1:00 - 3:00 pm	1 session	\$15	NTS
9/56	Boost Your Brain	Katie Pemberton	Thursday	10:30 - 11:30 pm	6 sessions	\$45	NTS
10/5	Eating to Beat Inflammation	Shari Patterson	Saturday	1:00 - 300 pm	1 session	\$15	NTS
		DANCE & MUSIC					
9/10	Western Two-Step	Julene Krause	Tuesday	7:00 - 8:30 pm	5 sessions	829	NTS
10/15	Western Waltz	Julene Krause	Tuesday	7:00 - 8:30 pm	5 sessions	829	NTS
11/19	Salsa - NEW	Julene Krause	Tuesday	7:00 - 8:30 pm	4 sessions	\$48	NTS
		ARTS & CRAFTS					
11/19	Introduction to Rug Braiding	Caroline Petersen	Tuesday	5:00 - 6:00 pm	2 sessions	\$20	NTS
10/1	Acrylic Pouring	Patty Bagby	Tuesday	7:00 - 9:00 pm	2 sessions	\$22	NTS
9/19	Beginning Watercolor	Patty Bagby	Thursday	7:00 - 9:30 pm	5 sessions	\$75 plus supplies	NTS
10/22	Watercolors II	Patty Bagby	Tuesday	6:30 - 9:00 pm	5 sessions	\$75 plus supplies	NTS
9/10	Beginning Tatting	Patty Bagby	Tuesday	7:00 - 9:00 pm	2 sessions	\$22	NTS

		COOKING					
9/14	Artisan Sourdough Class	Annalise Herrera	Saturday	10:00 am - 12:45 pm	1 session	\$45	NTS
11/9	Advanced Sourdough Class - NEW	Annalise Herrera	Saturday	10:00 am - 12:00 pm	1 session	\$45	NTS
11/2	Cooking with Fresh Herbs	Shari Patterson	Saturday	1:00 - 3:00 PM	1 session	\$20	NTS
11/20	Roll Fun-Make and Take	Donna Lewis	Wednesday	5:00 - 6:30 pm	1 session	\$24	SLN
8/28	Cake Decorating 101	Karlene Jenkins	Wednesday	6:30 - 9:00 pm	3 sessions	\$30 plus supplies	NTS
		YOUTH					
5/22	Kids in the Kitchen	Marci Behrens	Thursday	8:00 am - Noon	2 sessions	839	NTS
10/5	Hunter Education (Firearm Safety) Skills Field Day	MO Conservation Department	Saturday	9:00 am - 1:00 pm	1 session	Free	NTS
11/9	Babysitter's Training	Kathy Lipiec	Saturday	8:30 am - 3:30 pm	1 session	\$45 plus supplies	NTS
		TECHNICAL					
On Demand	Welding Fundamentals			4:00 - 7:00 pm	7 sessions	\$450	NTS
6/6	Basic Refinishing	John Monjar	Monday	6:00 - 8:00 pm	5 sessions	\$38	Monjar's Wood Shop
		HEALTH CARE					
6/6	American Red Cross CPR/First Aid/AED	Call 660-671-1283 to enroll; 8 required to hold class.	1st Mon- day of each month	6:00 - 9:00 pm	1 session	09\$	NTS
TBD	TABE Testing	Call 660-562-3022 to schedule a testing date.	.e.			\$20	NTS
8/27	Certified Nursing Assistant	Linda Jenkins & Barbara Schooler	Tues./ Thurs.	3:30 - 7:30 pm	19 sessions	\$800 plus \$125 for certification & test	NTS
TBA	Certified Medication Technician (CMT) (Includes Insulin Administration)		TBA	TBA	60 class hrs., 8 clinical hrs., and 2 final hrs.	\$650 plus book and insulin certification	NTS
TBA	Emergency Medical Technician					\$1000 plus fees	NTS
TBA	EMT-B CEU Classes	Call for schedule		6:00 - 10:00 pm		\$25 per class	NTS
On Demand	IV Therapy for LPNs				40 hrs. classroom, 8 hrs. clinical	\$400 plus book	
		BUSINESS & COMPUTERS	ERS				
6/6	Apple/MAC Operations and File Management	Donovan Harris	Monday	3:30 - 5:30 pm	3 sessions	\$59	NTS
10/7	Basic Computer Operations	Donovan Harris	Monday	3:30 - 5:30 pm	4 sessions	62\$	NTS
11/11	Owning a Computer	Donovan Harris	Monday	3:30 - 5:30 pm	2 sessions	\$49	NTS
11/25	Microsoft Word	Donovan Harris	Monday	3:30 - 5:30 pm	2 sessions	\$49	NTS
12/9	Excel	Donovan Harris	Monday	3:30 - 5:30 pm	2 sessions	\$49	NTS

# YOUTH

#### Kids in the Kitchen- -- 25SYKK

Calling all 4th-8th graders for a course of delicious food and learning how to cook for yourself and family! Each session we'll get hands-on and cover fundamentals such as basic skills, how to read and follow a recipe, measuring and mixing, and the importance of kitchen safety. Best of all, we'll get into the fun details of cooking, including easy, healthy and delicious foods to help get you through the summer. Along the way, kids will learn how to make great food that will impress their family and friends. Space is limited call today!

**Instructor**: Marci Behrens

Starts: Thursday, May 22, 2025, and Friday, May

Length: 2 sessions 8 am-noon

Fee: \$39

#### Hunter Education (Firearm Safety) Skills Field Day – 24FGOHE

This skills session will satisfy part two of Missouri Hunter Education requirements. To obtain hunter education certification you must also attend part one (online, self-study, or a classroom session) and bring along your skills session qualifier certificate or a student manual with the review questions completed. Those who have not completed the part one knowledge portion will not be able to attend the part two skills portion. Students 15 and under must also bring a copy of their birth certificate or other proof of age. The final exam will be administered at the end of the skills session. Register online at: Events | Missouri Department of Conservation (s3licensing.com).

Please arrive a minimum of 15 minutes before the beginning of the class to complete registration; late arrivals will not be admitted so please arrive early. In the event of a cancellation, you will be contacted by email and/or phone. Please contact Conservation Agent Kris Smith at (816) 261-1245 if you have any questions.

Note: Students who are 16 and over and have completed the all-online Hunter Education course are certified and do not need to attend an in-person skills session.

Anybody completing online hunter education can participate in the skills field day. Register on-line for the course. If you need more information contact the St. Joseph regional office at 816-271-3100 or www.mdc.mo.gov. You will receive your hunter education certification after completing the online hunter education course and the skills field day. This class is for any person 11 or older needing Hunters Education Certification. This is the skills portion only.

**Instructor:** MO Conservation Department

Starts: Saturday, October 5

**Length**: 1 session 9:00 am - 1:00 pm

Fee: free

#### **Babysitter's Training – 24FYBT**

Are you ready to start your babysitting career or update your skills? 5th-8th graders (minimum age of 11 years old). Bring a baby doll and a sack lunch.

Instructor: Kathy Lipiec Starts: Saturday, November 9

**Length**: 1 session – 8:30 am-3:30 pm

**Fee:** \$45 plus supplies

### **Memory Cafe**

### **Dementia/Alzheimer's Support Group**

When: Fourth Friday of Each Month

**Time:** 10 a.m.

Where: First United Methodist Church



#### Call 816.271.7068 for questions

Sponsored by Mosaic Life Care Hospice

### **Mosaic Medical Center - Maryville** In The Community

Mosaic Medical Center - Maryville offers a wide range of community based events throughout the year including:

- Walk With a Doc Second Wednesday of Every Month
- Cooperate Health Screenings and Education Upon Request
- CPR/First Aid Courses Upon Request
- Stop the Bleed May and Upon Request
- Tobacco Cessation November, January and Upon Request
- Maryville Market Screening Opportunities and Education
- Awareness Month Information

If you would like more information, please call 660.562.7945 or email bridget.kenny@mymlc.com.



📆 🔳 Scan the QR code to like and follow our Facebook page for updates.





# **HEALTH CARE**

#### American Red Cross CPR/First Aid/AED-24FHCCPR

This hands-on course teaches you responses and skills for how to respond in emergency situations. Course content can include Adult or Child CPR skills. This course can be tailored to meet the needs of the group



wanting to take or up-date their CPR skills.

Offered the 1st Monday's of each month (September 9, October 7, November 4, and December 2) 6:00-9:00 pm. Class will be cancelled if at least 8 students are not enrolled. Call 660-671-1283 to enroll!

Fee: \$60

#### **TABE Testing**

Enrollees in EMT Class must meet certain grade level standards which are established through the TABE Test. Contact Northwest Technical School Office at 660-562-3022, to schedule a testing date.

**Cost:** \$20

Northwest Technical School is a Regional Testing Site that hosts the Certified Nursing Assistant (CNA) exam. CNA candidates who have completed the course can log on to mo.tmutest.com to see available test dates at Northwest Technical School.

#### **Certified Nursing Assistant – 24FHCCNA**

Receive 75 hours of classroom training as a nurse assistant in skilled residential care. Classroom study coincides with 100 hours of clinical training at your place of employment. Cost does not include certification exam.

**Instructor:** Linda Jenkins and Barbara Schooler **Starts**: Tuesday, August 27 (Tues/Thurs 3:30-7:30 pm)

**Length:** 19 sessions

Fee: \$800 plus \$125 for certification and testing to

testing company

# Certified Medication Technician (CMT) (Includes Insulin Administration) – 24FHCCMT

Upgrade your CNA skills to become a medication technician in a skilled care facility. The four-hour insulin administration component certifies a medication technician to administer insulin in a skilled health care facility. Call for details if you only need the insulin administration component. Students must be an active CNA for 6 months, take and pass a TABE test, and have a letter of recommendation from a DON or administrator.

Starts: TBA

**Length:** 60 class hours, 8 clinical hours and 2 final hours **Fee**: \$650 tuition, plus book and insulin certification

#### **Emergency Medical Technician – 24FHCEMT**

This course requires a TABE test and an interview process. Students completing this program will be eligible for National Registry testing and licensing as an EMT. The Program is also Accredited by the Bureau of EMS State of MO. Any certified EMT needing additional CEU's call 660-671-1283 to enroll in a segment of this course to meet requirements.

Starts: TBA

Fee: \$1000 plus testing and supply fees

#### **EMT-B CEU Classes – 24FHCEMTB**

Classes will coincide with regular EMT course schedule at NTS. Pre-registration required 3 days prior to class date to schedule testing and get certification.

Starts: Call for schedule-6:00-10:00 pm

Fee: \$25 per class

#### IV Therapy for LPNs – 24FIVT

**Prerequisite**: Must be Licensed Practical Nurse. The LPN will use knowledge, skills and competencies required to perform such therapy safely and in accordance with the Missouri Nursing Practice Act. The course includes forty (40) hours of classroom instruction. The arrangement of eight hours required clinical is the responsibility of the student.

Starts: On Demand

Length- 40 hours classroom, 8 hours clinical

Fee: \$400 (plus book)

### **Mothering Mondays**

### **Breastfeeding Support Group**

When: Every Monday Time: 4:30 - 6:30 p.m.

Where: Mosaic Outpatient Therapy

Chance for moms to socialize with other brestfeeding moms, speak with lactation consultants, weigh your baby, and more!

Sponsored by Mosaic Medical Center - Maryville Maternity



Follow us for educational opportunities on Facebook at Mosaic Maryville in the Community or call 660.562.7945 for more information.







Scan the QR code to like and follow our Facebook page for undates

# BUSINESS/COMPUTERS

# Apple/MAC Operations and File Management---*NEW*---24FCAB

This course is designed for individuals seeking to enhance their understanding of Apple/Mac functions and operations across various devices, including iMac, iPad, iPhone, and MacBook. Throughout the course, we will explore and learn about Apple file management and navigation, with a specific emphasis on the Apple AirDrop process for transferring files and images between devices. Each session will include dedicated time for addressing additional questions and discussing topics related to Apple/Mac systems and functions that participants wish to explore in greater detail.

**Instructor:** Donovan Harris

Starts: Monday, September 9 (meets Sept 9, 16, and 23)

Length: 3 sessions 3:30-5:30 pm

Fee: \$59

#### **Basic Computer Operations-24FCBC**

Topics include terminology and the basic components of the computer. You will learn to navigate Windows, the basics of word processing, spreadsheet applications and the Internet. There will be time set aside for special requests if there is a topic that someone would like to be covered.

**Instructor:** Donovan Harris

Starts: Monday, October 7 (meets Oct 7, 14, 21 and 28)

Length: 4 sessions 3:30-5:30 pm

Fee: \$79

#### Owning a Computer -24FCOAC

We've all seen commercials for miracle programs that will speed up and clean up your computer to make it as good as new. What these commercials don't tell you is that you can do it all yourself -- for free! Using programs already installed on your machine and free software available on the internet, you will learn how to maintain your computer and keep it running at its best possible performance.

**Instructor:** Donovan Harris

Starts: Monday, November 11 (meets Nov 11 and 18)

Length: 2 sessions 3:30-5:30 pm

Fee: \$49

#### **Microsoft Word -24FSCOBW**

Learn the basics of word processing. Topics covered will be formatting of text and graphics, and an overall acquaintance with the features of Microsoft Word. There will be time set aside for special requests if there is a topic that someone would like to be covered.

**Instructor**: Donovan Harris

**Starts**: Monday, November 25 (meets Nov 25 and Dec 2)

**Length:** 2 sessions 3:30-5:30 pm

Fee: \$49

#### **Excel-24FCOBE**

Set up a spreadsheet with simple formatting and simple formulas. Develop the use of formulas and formatting to enhance the basic spreadsheet for various business or home users.

**Instructor:** Donovan Harris

Starts: Monday, December 9 (meets Dec 9 & 16)

Length: 2 sessions 3:30-5:30 pm

**Fee:** \$49

# A Better Life!



• High School Equivalency Preparation • Workplace Skills

For a Northwest Missouri class near you, call:

660-582-5615
MISSOURI adult
education
& literacy\*

FREE

Classes

haile@maryviller2.com
Enroll in Classes NOW!!

# Mosaic LiveWell Diabetes Prevention Class

For those who want to learn to prevent diabetes, lose weight, or learn about healthy nutrition.

**When:** 1st Wednesday of each month from December to March.

Pre-Registration is required.

Call Debra Hull BSN, RN, CDCES for more information at (660)562-7966.

### **Mosaic Diabetes Education Program**

ADA-recognized program offered at Mosaic.

Offering group and individual sessions.

Call Debra Hull BSN, RN, CDCES for more information at (660)562-7966.

# **TECHNICAL**

#### Welding Fundamentals---24FTWF

A 20 hour program specially designed to gain knowledge in welding repair. Students will be exposed to Oxy-fuel cutting and brazing, Shielded Metal Arc welding (stick) and Gas Metal Arc welding (MIG).

Starts: On demand

**Length:** 7 sessions 4:00-7:00 pm

Fee: \$450



#### Basic Refinishing – 24FTBR

This class uses a hands-on approach and will offer the newcomer training in the basics of refinishing. Students will bring a small project (chair or table) to refinish in class. Proper safety techniques will be demonstrated and emphasized throughout the course.

**Instructor:** John Monjar **Starts:** Monday, September 9

**Location:** Monjar's Wood Shop-990 South Hester **Length:** 5 sessions – week 1 6:00-8:00 pm, week 2 6:00-8:00 pm, week 3 6:00-6:30 pm, week 4 6:00-6:30 pm, week 5 6:00-6:30 pm

Fee: \$38

Interested in becoming a nurse or health care professional?

Let NCMC help you achieve your goal!

Practical Nursing, Associate Degree Nursing, Radiology Tech and Surgical Tech programs offered at our Savannah Campus.

A+ eligible programs!



### **FIVE EASY WAYS TO REGISTER**

**PHONE:** 660-671-1283, ask for Lori Tally

**WALK-IN:** You may register in person at Northwest Technical School. Hours: Mon.-Fri., 8 am to 4 pm

**MAIL-IN:** You may register by completing the registration form and mailing it with your fee to:

Community Education 1515 South Munn Maryville, MO 64468

**EMAIL:** tally@maryviller2.com

# ONLINE REGISTRATION







We will be offering both in-class and virtual class options for this date/time. Please make sure to select "in-person" or "virtual" when completing your registration. Cost: \$40 per student - No more than 25 students (in-person) per class Register on-line @ www.stjoesafetycouncil.org

For those wishing to attend class in person, class will be held at:

St. Joseph Safety & Health Council KCPD North Patrol Community Room

3131 Frederick Ave Suite 220 11000 NW Prairie View Road

St. Joseph, MO 64506 Kansas City, MO. 64153

Time: 5pm-9pm on the second Thursday of each month (except for June & July).





Teen Private Driving lessons we teach you to drive step by step, one on one with a certified driving instructor. Basic defensive and responsible drivers training will be given to each student.

Lessons offered Year Round Weather Permitting (excluding June & July). Students will not be receiving any classroom instruction in this program. Its strictly behind the wheel instruction.

The instructor will evaluate each individual student, and work on the specific needs of each student.

Teen must have a permit or valid driver's license to register.

#### **Supervisory Certificate Series**

Course Description: Take your supervisory and leadership skills to the next level! This series addresses key topics in the role of a supervisor and leader—relationships, communication, teams, conflict, legal responsibilities, and coaching—and includes hands-on activities and interactive discussions so participants are engaged and learn from each other. The course is designed by the Missouri Training Institute (part of the University of Missouri Trulaske College of Business and University of Missouri Extension) and taught by MU Extension. Participants receive a supervisory skills certificate upon completion of all of the sessions in the series.

# Session 1: Building Effective Relationships (full-day session) - September 30 - 9:00am-4:00pm

Building effective relationships with the team members you supervise is one of the best strategies to ensure team performance and prevent future conflicts. By focusing on relationships, you gain trust and respect. This full day session will examine personality differences, generational differences, and how to proactively build trust.

# Session 2: Communicating Successfully (half-day session) - October 14 - 9:00am-12:00pm

In today's fast-paced business environment, successful communication requires more than just speaking your mind loudly enough for others to hear you. This session will sharpen both your written and verbal communication skills to maximize understanding and minimize confusion among those you communicate with.

# Session 3: Your Legal Responsibilities (half-day session) - October 14 - 1:00-4:00pm

Supervisors are often placed in a difficult position. On one hand they are charged with motivating and directing the workforce. On the other, they must protect the organization from liability. This session will explore the legal responsibilities of the supervisory role by examining best practice solutions to discrimination, sexual harassment and the progressive discipline process.

# Session 4: Guiding Conflict Resolution (half-day session) - October 28 - 9:00am-12:00pm

In the workplace, even healthy differences can escalate into conflict. Addressing conflict quickly and effectively is a crucial supervisory skill. This session enables participants to recognize the signs that conflict exists, assess each conflict situation and serve as a catalyst to encourage those involved to achieve resolution.

# Session 5: Leading High-Performance Teams (half-day session) - October 28 - 1:00-4:00pm

As the supervisor, you are responsible for the leadership of your staff. This session will address the interpersonal and organizational advantages of working together. You will also participate in some experiential learning exercises that

illustrate what it takes to lead others through the challenges of team development. Finally, learn how to set team boundaries and communicate team expectations to increase the commitment and performance of your employees.

# Session 6: Coaching Employees (full-day session) - November 11 - 9:00am-4:00pm

The coaching process is central to performance management. By creating the appropriate climate and context to empower individuals and teams, great coaches are able to achieve extraordinary results. The workshop will provide you the coaching tools you need to motivate, delegate and diagnose performance problems; provide performance feedback; and facilitate the problem-solving process for employees.

**Instructors:** University of Missouri Extension faculty, including Amie Schleicher, associate extension professional and field specialist in livestock; Jessica Trussell, field specialist in human development.

Length: Six sessions over the course of four weeks (some sessions take the entire time; other sessions are half-day sessions); participants can attend one or more of the sessions but must attend all six to earn supervisory certificate. Register by September 16. Minimum 8 people.

Starts: September 30. Meet every 2 weeks.

Fee: \$899 for entire series. \$300 for full days, \$150 for half-days.

**Time:** Full-day sessions, 9:00 a.m.-4:00 p.m.; half-day sessions either 9:00 a.m.-12:00 p.m. or 1:00 to 4:00 p.m.

For more information, call 660-562-3022.

Looking for a degree in Industrial Technology?

For more information contact:



### St. Joseph Safety and Health Council



### Safety is our priority!

The Safety Council conducts training on for a variety of Occupational Topics. Trainings can be conducted at your location, at the St. Joseph Safety Council or at Northwest Technical School in Maryville MO.

#### **Training courses offered:**

OSHA 10 AND 30 GENERAL INDUSTRY AND CONSTRUCTION.

HAZMAT/HAZWOPER 8 HOUR REFRESHER, OSHA RECORDS, OSHA SUPERVISORS, CONFINED SPACE ENTRY, FALL PROTECTION, LOCK OUT TAG OUT, RESPIRATOR FIT TESTING, AREIL LIFT TRAINING, COACHING THE LIFT TRUCK OPERATOR, DRUG AND ALCOHOL IMPAIRMENT RECOGNITION, ACTIVE SHOOTER TRAINING FOR EMPLOYEES AND MORE.

These courses can be tailored to fit your employees' needs and schedules. We take the stress out of scheduling qualified trainers on a variety of topics at your facility.

### Give us a call to find out more or to schedule training.

816-233-3330

### **Meet our occupational instructors!**

George Albert is a retired Fire Chief, Emergency
Management Director, and Region H Training
Coordinator. George has decades of experience and is
ready to train employees to meet OSHA standards. He
holds an instructor certificate for Hazardous Materials
Awareness and Operations, Confined Space, and a
Emergency Management Certification

Todd Sieleman retired as the Assistant Area Director of the Kansas City OSHA Office where he oversaw the effective administration of federal laws protecting employees within companies in the Western half of the state of Missouri. While at OSHA, Todd additionally served as a Compliance Assistance Specialist providing training & education to meet all regulatory mandates.



#### **Midland Empire Safety Association**

Not A Member???

Industrial manufacturing, construction companies and any other employers in Northwest Missouri responsible for complying with standards set forth by the Occupational Safety and Health Act of 1970 are encouraged to become members of the St. Joseph Safety and Health Council. Membership dues are determined based on the number of employees of each individual company, and benefits include safety publication subscriptions, reduced cost training, networking opportunities and much more. Call the Council for more information or check out our website

www.stjoesafetycouncil.org

### **ENROLL TODAY - CALL 660-562-3022**

### **Classes begin in August**

All classes scheduled as requested

Make your payment by \*Cash \*Check \*VISA \*MasterCard

#### **GIFT CERTIFICATES AVAILABLE!**

Give a class as a gift. Buy a gift certificate in any amount which can be applied to the cost of tuition. For more information please call 660-671-1283 or email Lori at tally@maryviller2.com.

#### **2024 FALL REGISTRATION FORM**

Please mark your calendar as we receive this form an difficulty is encountered.	with class d payment	s information. You of fees. You will r	are enrolled as soon not be notified unless
NAME:			
ADDRESS:			
CITY:			ZIP:
DAYTIME PHONE:			
EVENING PHONE:			
EMAIL:			
METHOD OF PAYMENT:  CASH CHECK	VISA	MAST	ERCARD
CARD NUMBER		CODE	EXPIRES
PLEASE ENROLL ME IN: COURSE TITLE	TIME	DATE	FEE
Make checks payable to:	Maryville	D II	TOTAL
Enclose fees & mail to:	COMMUN 1515 S. N	NITY EDUCATION	
I have read and under Com		registration and r lucation classes.	efund policy for
Signature			Date